

Glaucoma Treatment

Why Choose Optegra

Optegra have been a trusted NHS partner for over 10 years, successfully treating over 1 million patients to the highest standards of patient and medical care.

Given the higher demands placed on local ophthalmology services we are delighted to now offer glaucoma treatment, helping to ensure your patients receive crucial and timely treatment within as little as two weeks, without ever compromising on exceptional outcome quality.

Our glaucoma pathway is overseen by industry recognised ophthalmic consultant, Dr Robert Petrarca. We will be accepting patients with early to moderate glaucoma conditions, please see back of this leaflet for more guidance on patient suitability.



With the new monitoring, review and treatment service, we will only need to refer those patients who need complex trabeculectomy surgery on to Trusts.

This means speedier access to glaucoma specialists and treatment for patients, as well as helping relieve Trust waiting lists.”



Dr Robert Petrarca
Consultant Ophthalmic Surgeon
and Glaucoma Lead at Optegra

To learn more visit
optegra.com/NHS
or call 0800 862 0277



The levels of glaucoma we accept are early and moderate glaucoma. We unfortunately cannot accept advanced glaucoma, e.g. only eye, previous glaucoma surgery, poor vision.

Referrals should be sent via the local pathway in your area.

We accept referrals based on a glaucoma risk stratification tool, the Glau-Strat-Fast, developed in collaboration with RCOphth and UKEGS. At Optegra we accept “**Green**” and “**Amber**” cases. We cannot accept “**Red**” cases.

RED	R1 Advanced 1° open angle / angle closure glaucoma	R2 Advanced 2° glaucoma Developmental glaucoma	R3 Advanced glaucoma + high IOP Surgical glaucoma (peri-op) Progressive glaucoma (reliable visual field changes)	>8 dB
	A1 Moderate 1° open angle (< 3 drops) Early 1° angle closure glaucoma Early 2° glaucoma (< 4 dB)	A2 Moderate 1° open angle glaucoma (3 or more drops) Moderate 1° angle closure glaucoma	A3 Moderate 2° glaucoma	4-8 dB
	G1 Moderate 1° open angle untreated 1° OHT Glaucoma suspect	G2 Treated 1° OHT 1° angle closure suspect	G3 2° OHT 1° angle closure Early 1° open angle glaucoma	<4 dB

Red Flag (consider RED)

- >2dB VF change in a single year
- Only eye
- Unexplained visual acuity loss
- Current glaucoma drug reaction
- OIP >40 mmHg at any stage
- Neuro-ophthalmic tumour

Plus (+) Factors

- Ophthalmic co-morbidity
- Orbital/ Plastic/ Neuro-ophth/ Tumour
- Ocular surface cicatricial disease
- Multiple drpo reactions
- Keratoconus/ thin cornea (<490)
- Uveitis
- Significant retinal disease
- Extremes of axial length
- Previous glaucoma surgery

Systemic/ Social Factors

- Relevant systemic conditions
- Mental/ physical disability
- Socio-economic deprivation
- Needs transport