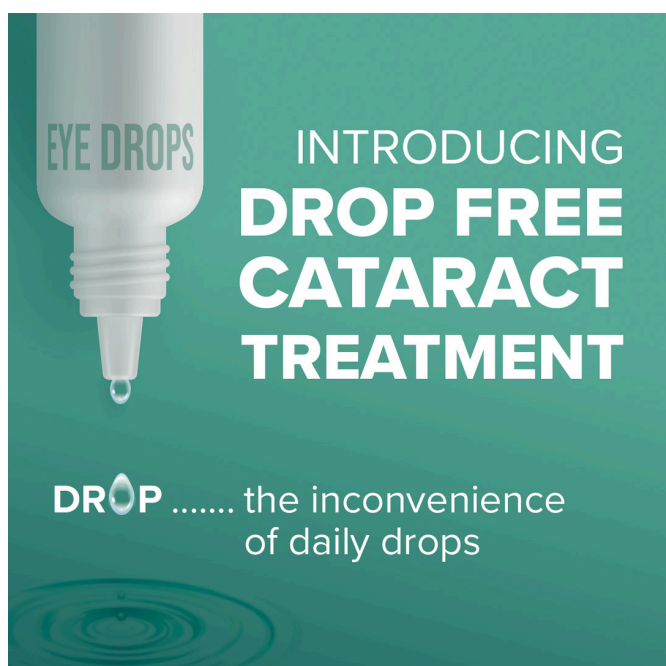


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News Update August 2025

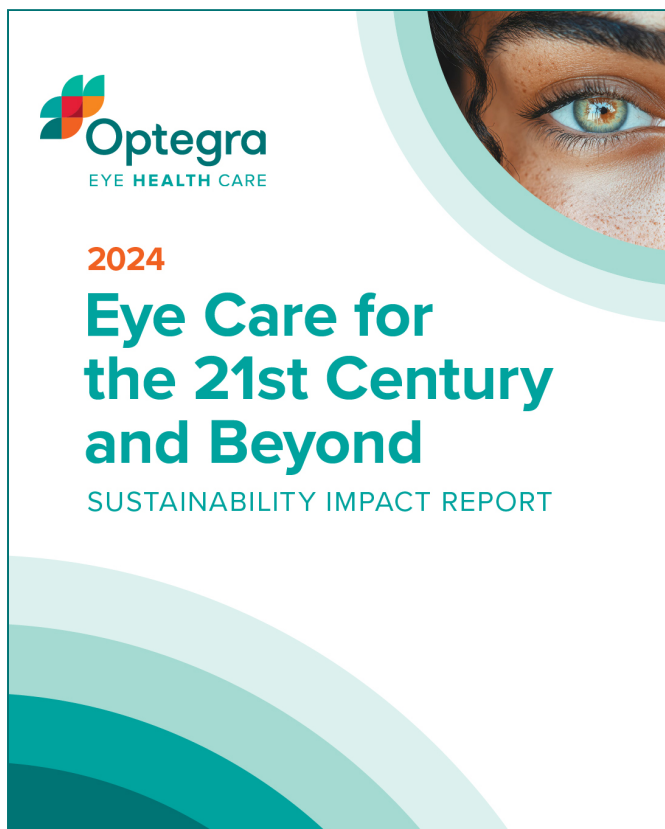
Your guide to the latest in optometry,
clinical practice, CPD events and more



Goodbye Drops, Hello Ease – Drop-Free Surgery Now Nationwide at Optegra!

We are delighted to announce that from 1st September 2025, Optegra will be offering Drop-Free Cataract Surgery to all eligible NHS patients across all of our hospitals and clinics nationwide.

This important advancement is designed to further enhance the patient experience by eliminating the need for post-operative eye drops – a common challenge for many, particularly those with limited dexterity,

[Learn More](#)

Better Sight Shouldn't Cost the Earth

At Optegra, delivering exceptional eye care goes hand in hand with caring for our people and our planet.

Our latest Sustainability Report shares how we're embedding sustainability in every part of what we do.

From improving patient pathways with digital-first care, to creating an inclusive, supportive workplace, to reducing our environmental footprint across our clinics.

We know there's more to do and we're committed to doing it responsibly, together.

2024 Sustainability Report



Our North London Hospital is Now Providing Glaucoma Treatment!

Our North London eye hospital is now taking referrals for expert NHS glaucoma treatment in a calm, patient-focused environment. Our state-of-the-art technology supports the early identification and treatment of glaucoma.

Coupled with our expert ophthalmic consultants, we assist you in creating a bespoke treatment plan.



Clive Betts, MP for Sheffield South East, Visits Optegra Eye Hospital Sheffield!

During his visit, Mr. Betts toured our purpose-built eye hospital, met with both clinical and leadership teams, and spent time speaking with NHS patients receiving cataract treatment on the day.

He saw first-hand how our specialist ophthalmic services are helping to ease local pressures on the NHS by delivering high-quality surgery with short waiting times and consultant-led care.

[Learn More](#)

Q&A with Sarah Maling: Strategic Insight into Ophthalmic Care

We sat down with Sarah Maling, our Strategic Advisor, to discuss the evolving landscape of eye care, from surgical training and pathway innovation, to how the independent sector can support the NHS.

With her extensive clinical and leadership experience, Sarah offers a unique perspective on how Optegra is helping shape the future of ophthalmology.



[Visit Video Library](#)

**Better care starts
with feedback.
We're listening
to our patients.**



Putting Patients at the Centre of Innovation

On 24th September, we're excited to host our first Patient Participation Group at Optegra's Colchester clinic, a dedicated session inviting patients for some afternoon tea in a relaxed, friendly setting to share their experiences with our AI virtual assistant, IRIS.

Designed to support patients throughout their cataract surgery journey, IRIS is an exciting step forward in digital healthcare. But no matter how advanced the technology, its success hinges on how well it works for the people using it!

[Learn More](#)



Seeing the future clearly, and saying “I do”!

Meet James Taylor from Hedge End, Hampshire, a groom-to-be who, until recently, had given up hope of ever being free from glasses and contact lenses.

James had lived his entire life with a very high prescription (+8.5) that made him unsuitable for laser eye surgery. But determined not to give up, he reached out to our team at Optegra Eye Hospital Hampshire and discovered a life-changing option he'd never heard of before: ICL (Implantable Contact Lens) surgery.

[Learn More](#)

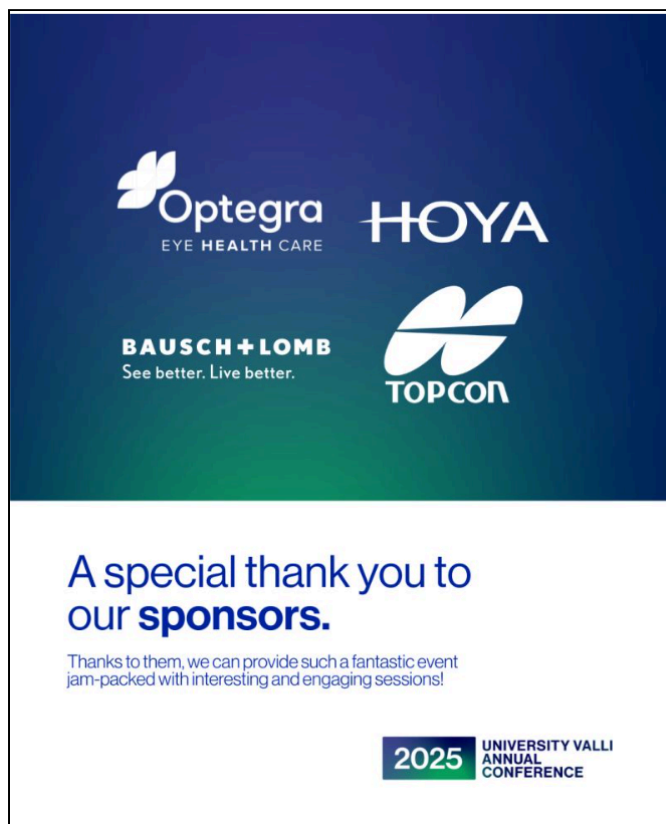


Celebrating 10,000 Eyes Treated at Our Brighton Hospital

Our Brighton hospital marked a special moment. We treated our 10,000th eye since opening just over two years ago!

Our lovely patient left not only with clearer vision but also with flowers, balloons, a some fizz and a lot of smiles.

At Optegra, it is about more than delivering world-class eye care. It is about creating experiences that truly care for the individual behind every procedure. This milestone is a beautiful reminder of just that.



University Valli Annual Conference - See You There!

Optegra is proud to be both a sponsor and speaker at the University Valli Opticians Annual Conference 2025, a key date in the optometry CPD calendar.

This respected event offers up to 15 CPD points across 10 carefully curated sessions, including lectures, workshops, and peer reviews, designed to enhance clinical knowledge and foster peer-to-peer collaboration.

[Register Now](#)

Did You Know?

Small Changes = Big Impact

At Optegra, we're proud to lead the way in sustainable healthcare by making meaningful changes where they matter most.

We've pioneered the use of Johnson & Johnson's reusable intraocular lens (IOL) inserter technology in our UK hospitals. Unlike traditional cataract surgery, which uses a single-use IOL introducer that's discarded after every procedure, our new approach only disposes of a small cartridge.

This results in 4.2 times less medical waste, along with reduced packaging, fewer shipping journeys, and less storage required.

if this technology were adopted across England, it could save over 9,300 kg of waste every year.

[Learn More](#)

Boost Your Skills With Our CPD Accredited Events

Focus Topic: Drop-Free Cataract treatment/Glaucoma

Exciting news! Optegra is expanding its specialist services with the launch of dedicated Glaucoma clinics at select sites including Manchester, Bradford, and Nottingham and the introduction of Drop Free Cataract Surgery now available in Surrey, Hampshire, and Manchester. Our upcoming CPD events will shine a spotlight on these ground-breaking developments, offering you the latest clinical insights and practical guidance to support your patients. Don't miss the opportunity to stay ahead in eye care innovation!

[View Upcoming Events](#)

Simply excellent professional attention...



Simply excellent professional attention during the whole experience. I had three visits to Optegra and on each visit I was treated with exceptional care and professionalism. Absolutely faultless in my experience and opinion.

- Margaret

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