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## News Update February 2025

Your guide to the latest in optometry, clinical practice, CPD events and more



### **Our latest clinical outcomes data from NHS cataract procedures - Jan 2024 to Dec 2024**

Alastair Stuart, Optegra Medical Director, shares, "We are proud of these outcomes and every single member of the team who has provided excellent care to our patients. Optegra is treating more NHS patients than ever before and performing above industry standards, thanks to our highly trained staff, standardised treatment pathways and with the benefit of latest technology and the highest quality Johnson & Johnson lenses. These results should be real encouragement and reassurance both for the thousands of optometrists who

[View clinical outcomes](#)

## New Glaucoma treatment options coming to Birmingham Hospital

As Glaucoma Awareness Month comes to an end, we are proud to be at the forefront of providing advanced care for those living with glaucoma. Following the launch of our new Glaucoma treatment at our Manchester Hospital we are also looking at providing Glaucoma treatment options at our Birmingham Hospital.

For more information on our new treatment options and how it could benefit your patients, read the full article linked below.

[Read more](#)

## A great start to the new academic year cycle!

thanks to everyone who joined us for our first series of CPD events this year, focusing on the exciting advancements in IOL (intraocular lens) technology. Your participation and enthusiasm made the events a great success, and we hope you found it insightful.

For more upcoming events including In-person and webinar CPD events, you can visit our website.

[Read more](#)



## Exciting growth in the Netherlands

We're thrilled to announce the acquisition of our first ophthalmic clinic in the Netherlands. This is a major milestone for Optegra, further expanding our footprint in Europe.

Already established in Central Europe (Czech Republic, Slovakia, Poland) and the UK, we are now taking a 51% share in a joint venture with Quadrum Capital to co-own the Iris Eye Clinic in Boxtel, near Eindhoven.

[Read more](#)





## **Celebrating Excellence. Trainee Dr. Namita Matthews completes 55 cataract surgeries**

We're thrilled to congratulate Dr. Namita Matthews, our first trainee at Optegra Eye Health Care Manchester, for her remarkable achievement in completing 55 cataract surgeries with zero posterior capsule rupture. Her unwavering commitment to mastering advanced techniques has set a high standard in our surgical team.

[Read more](#)

## **New Diagnostic Clinic opening in Keighley**

We are excited to announce our upcoming Diagnostic Clinic opening in Keighley! This state-of-the-art facility will bring advanced eye care closer to the local community in and around Bradford. With plans to open many more this year.

[Find out more](#)



## **How dry was your January?**

At Optegra, we're committed to advancing understanding of how lifestyle choices impact eye health. Our recent study of over 77,000 individuals revealed that alcohol consumption significantly increases the risk of dry eye in women.

This January, many women have taken part in Dry January, not just for their



[Read more](#)

## 2024 Wrapped Recap - Join us in looking back at some of the highlights

In case you missed it, you can catch up on our 2024 highlights by watching our 'Year in Review' wrapped video below.

[Watch video](#)

# Did You Know?

**February is AMD Awareness Month.**

AMD affects over 200 million people globally. It's the leading cause of irreversible vision loss in adults over 50, damaging central vision needed for reading, driving, and recognizing faces. By 2040, this number could reach 300 million.

As part of AMD Awareness Month, we're excited to announce an upcoming webinar on 25th February, led by our consultant ophthalmic surgeon, Sajjad Mahmood, who will be discussing the AMD Pathway, join us to stay informed and help raise awareness about this critical condition!

[Register to webinar](#)

**Boost your skills this February  
with our CPD accredited events**



# CPD Events February 2025



## FOCUS: IOL INNOVATIONS IN PRACTICE

From its origins to the latest innovations, this lecture highlights pivotal advancements in IOL materials, design and surgical techniques that have revolutionised cataract surgery and vision restoration. Stay ahead in vision care by joining this must-attend event.

[View upcoming events](#)

**I was well looked after  
from beginning to end**



I was well looked after from beginning to end on both my operations by the best staff who were experienced and very qualified. I would recommend Optegra to anyone who was in need of a cataract operation. Hence my 5 star rating. Well done to all of you and carry on by keeping up the good work.

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