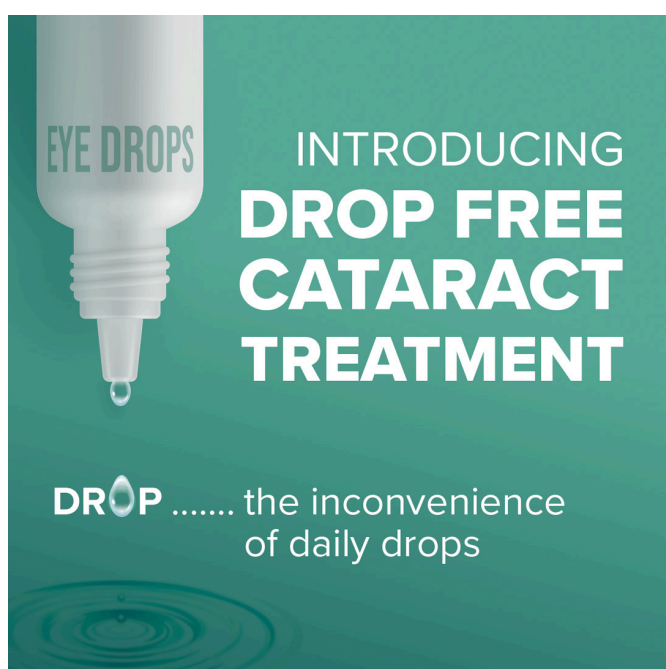


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News Update July 2025

Your guide to the latest in optometry, clinical practice, CPD events and more



Enhancing Cataract Care: Introducing Drop-Free Surgery at Optegra!

We are pleased to announce that from 1st July 2025, Optegra will begin offering Drop-Free Cataract Surgery to all eligible NHS patients across Surrey, Hampshire, and Manchester. With plans to offer this across all our sites in the near future.

This important advancement is designed to further enhance the patient experience by eliminating the need for post-operative eye drops, a common source of difficulty for patients, particularly those with limited

[Learn More](#)

Our New Quality Report 2024/2025 is here!

We're proud to announce that our 2024/2025 Quality Report is now live.

This annual report showcases our continued commitment to delivering safe, effective and compassionate eye care across all Optegra hospitals. It highlights the standards we've achieved in clinical outcomes, patient satisfaction and service innovation over the past year — and outlines our priorities for the year ahead.

Transparency, quality and continuous improvement remain at the heart of everything we do. We invite you to explore how we're raising the bar in ophthalmic care.

[Learn More](#)

Clinical Confidence Starts Here - Wetlab Event Recap!

We're proud to have hosted our first-ever Optegra Wetlab events in Nottingham and Leicester, and what fantastic evenings they were!

In partnership with **Johnson & Johnson | Vision**, these events gave local optometrists hands-on phaco training, practical IOL selection experience, and valuable theatre-based insights, all in a dynamic, small-group setting.



points, refreshed clinical confidence, and a stronger understanding of the patient journey from clinic to theatre.

[Learn More](#)



One Year of Optegra Eye Clinic West London!

We proudly celebrated the first anniversary of our West London eye clinic with an evening of learning and community!

Our CPD event, held once again at the lovely Cineworld next door, welcomed local optometrists for an insightful lecture by Mr Nick Glover on “Common Lid Abnormalities and Cataract Surgery.” Attendees enjoyed popcorn and a drink while deepening their clinical knowledge. The celebrations also involved a raffle prize draw and a well-earned slice of cake. Thank you to everyone who joined us and helped mark the wonderful occasion!



A Routine Visit Turned Into Sight-Saving Action

When Londoner Mark Evans arrived at our Queen Anne Street hospital for a routine procedure, our experts spotted something unexpected, a retinal tear.

Thanks to the fast-thinking clinical team, Mark was immediately referred to our Optegra North London hospital, where he received sight-saving treatment the very same day.

This is a powerful example of how expert care and rapid access to specialist treatment can make all the difference.

[Learn More](#)

Meet the team - Nicola Young, Head of AI at Optegra



With over 15 years of experience across frontline healthcare, NHS transformation, and digital health, Nicola brings deep operational insight and a bold vision for patient-first innovation. From leading tactical operations in the ambulance service to delivering national improvement projects at NHS England, her career has always been about making care safer, smarter, and more human.



Celebrating a Cleaner Planet and Seeing it all with Clearer Vision!

We're proud to take part in Lions International's 'recycle for sight' to re-use unwanted glasses and reduce landfill waste. Drop your old glasses at the collection points in our hospital receptions.

By saying goodbye to disposable contacts and donating old glasses to recycle, you're not just improving your sight, you're helping the planet too.

[Register Now](#)



Learning Disability Awareness Week | 17–23 June

The 2025 theme, “Do you see me?”, is a powerful call to action: to ensure people with learning disabilities are truly seen, heard, and valued - this is particularly important in healthcare.

At Optegra, we are committed to making eye care inclusive and accessible for all. We're proud to share the voice of Paul James, a passionate advocate and member of the Dimensions Leaders List, who brings lived experience and deep insight to this important conversation.

Did You Know?

July is Dry Eye Awareness Month!

Red eye is a common and often challenging presentation in primary care. Causes range from conjunctivitis to serious conditions like keratitis, with hidden culprits such as dry eye and screen overuse often overlooked.

Join our webinar, 'Red Eye in Primary Care' with Mr. Saruban Pasu on 30th July to explore the full differential diagnosis, learn practical assessment tips, and gain confidence in identifying red flags and referral criteria.

This session is also ideal for Specialist Independent Prescribers (IP) and Contact Lens Opticians looking to enhance their clinical skills and improve patient care. Don't miss this chance to advance your practice.

[Learn More](#)

Boost Your Skills With Our CPD Accredited Events

Focus Topic: Drop-Free Cataract treatment/Glaucoma

Exciting news! Optegra is expanding its specialist services with the launch of dedicated Glaucoma clinics at select sites including Manchester, Bradford, and Nottingham and the introduction of Drop Free Cataract Surgery now available in Surrey, Hampshire, and Manchester. Our upcoming CPD events will shine a spotlight on these ground-breaking developments, offering you the latest clinical insights and practical guidance to support your patients. Don't miss the opportunity to stay ahead in eye care innovation!

Complete and absolute satisfaction from...



Complete and absolute satisfaction from the first appointment through to surgery on both eyes. Staff could not have been more efficient, professional, friendly and reassuring. Mr Radwan has transformed my daily life. My thanks and appreciation to all the staff at Optegra Colchester.

- Jane Winmill

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