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News Update May 2025

Your guide to the latest in optometry, clinical practice, CPD events and more



Carving Out a New Life Following Cataract Surgery – and a Meeting With ‘Iris’!

Len Browne, 71, from Durham, is back to enjoying his hobby of wood carving after NHS cataract surgery at Optegra Eye Clinic Newcastle resolved his cloudy vision. And little did he know that he was one of the first patients to begin his treatment journey by chatting to Iris, Optegra’s AI assistant. This meant he could start the process at any time of day or night to suit him.



Renowned Ophthalmology Leader Sarah Maling Joins Optegra UK In Advisory Role!

Ms Sarah Maling has joined Optegra UK as a Strategic Advisor – an exciting leadership addition bringing outstanding expertise in ophthalmic education and national training.

Sarah has held senior education roles at the Royal College of Ophthalmologists, including Chair of Recruitment and, most recently, Chair of Training (Ophthalmology) for the UK – a position she has held for the past four years.

[Learn More](#)



Exciting New Offer For All Optometrists and Dispensing Opticians!

Are you a registered Optometrist or Dispensing Optician? Enjoy 20% off your private treatment with Optom Advantage – Optegra's exclusive offer just for you!

At Optegra, we know how much dedication and care goes into your work and we believe that the professionals looking after patient's eyes deserve exceptional care too.

[Learn More](#)



Hampshire Super CPD: The Future of Eye Care Drop-Free Cataract Surgery, AMD Light Therapy & AI in Practice

Sunday, 8th June we will be hosting a full-day educational event with 11 CPD points up for grabs!

We will delve into the latest breakthroughs in drop-free cataract surgery, AMD light therapy, artificial intelligence in clinical care, and diabetes management in optometry. Led by expert speakers and designed for forward-thinking professionals, this event offers fresh insights, practical takeaways, and valuable peer networking opportunities.



Optegra Nottingham Launches Glaucoma Treatment Services!

We're excited to bring advanced glaucoma care to our Nottingham clinic – giving more patients local access to expert diagnosis, treatment, and ongoing management.

[Learn More](#)

🎉 Our 12K Giveaway Winner Announcement is Here! 🎉



To celebrate reaching 12,000 incredible followers on LinkedIn, we ran a special giveaway and one lucky winner is about to receive a £100 John Lewis voucher.

A big thank you to everyone who entered and took the time to leave such thoughtful feedback in the comments. Your support and kind words mean a great deal to us.

Ready to find out who won? Watch the video to see the big reveal.

[Watch Winner Announcement](#)



With Gratitude to Our Nurses: The Compassion Behind Every Patient Story!

At Optegra Eye Health Care, our nurses are at the heart of everything we do. Today we say a heartfelt thank you to our incredible teams across the country – your work changes lives every single day!

Your care, strength and kindness define our mission!

[Learn More](#)



Our Hampshire Eye Hospital is Thriving, Helping Patients to Improve their Quality of Life Through Transforming Eye Surgery

During her recent visit, Deputy Speaker of the House of Commons and MP for Romsey and Southampton North, Rt Hon Caroline Nokes shared her thoughts on how well the independent sector is working alongside the NHS to benefit local patients, making cataract treatment more accessible without long waits.

Since opening in 2010, we've helped improve the eyesight of over 21,000 NHS patients in Hampshire, substantially reducing waiting times for cataract procedures.

[Watch Video](#)

Did You Know?

We now offer advanced glaucoma treatment in Manchester, Bradford and Nottingham with more locations launching soon.

Glaucoma often develops slowly and without early symptoms, meaning many people don't realise they have it until noticeable vision loss has already occurred. It is one of the leading causes of irreversible sight loss in the UK—particularly among those over the age of 60.

While there is currently no cure for glaucoma, early diagnosis and timely treatment can often prevent further vision loss. At Optegra, our glaucoma specialists use the latest diagnostic tools and advanced treatments—including eye drops, SLT laser therapy, and iStent implants—to manage the condition effectively and protect patients sight.

[Learn More](#)

Boost Your Skills With Our CPD Accredited Events

Focus Topic: Common Lid Abnormalities

Designed to enhance your diagnostic confidence. Explore key clinical signs, differential diagnoses, and referral pathways through patient case scenarios. Join this session to deepen your understanding of conditions like chalazion, blepharitis, and entropion.

[View Upcoming Events](#)

**12
MAY**

Common Lid Abnormalities & Cataract Surgery

Mr Saruban Pasu

Optegra Eye Clinic Brighton, 18:30 - 20:30



**3
CPD
POINTS**

**14
MAY**

MIGS in Coexisting Cataract and Glaucoma

Mr Mahmoud Radwan

Optegra Eye Clinic Colchester, 18:30 - 20:30



**3
CPD
POINTS**

**20
MAY**

Common Lid Abnormalities & Cataract Surgery

Mr Aws Al-Hity

Optegra Eye Hospital Bradford, 18:00 - 20:45



**3
CPD
POINTS**

**28
MAY**

Common Lid Abnormalities & Cataract Surgery

Mr Mike Adams

Optegra Eye Clinic Surrey, 18:30 - 20:30



**3
CPD
POINTS**

Cataract operation for 96 (nearly 97) year old lady



Took my 96 year old mother for her cataract operation and the treatment of a slightly deaf old lady was second to none. The staff were cheerful patient and very understanding. They explained everything carefully and most importantly have done a wonderful job on her eye. Would highly recommend Optegra.

- Joan Kitching

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