



Mr Alex Shortt

Consultant Ophthalmic Surgeon

Locations:

Optegra Eye Hospital Surrey

Alex Shortt is a leading ophthalmic surgeon and an expert in the fields of cornea, cataract, lens implants and laser eye surgery. He is a Fellow of the Royal College of Ophthalmologists.

He has been performing cataract and lens exchange surgery since 2003, and laser eye surgery since 2010, completing a total of over 5,000 eye surgery procedures in total.

In 2019, Alex merged his own independent eye clinic in London's famous Harley Street with Optegra to become one of the lead refractive surgery consultants.

He studied medicine at the National University of Ireland in Dublin. He then studied for an MS in Physiology at UCD, Dublin followed by a PhD in Ophthalmology at University College London. This was followed by 10 years of specialised clinical, surgical and research training at Moorfields Eye Hospital culminating in his appointment as an NHS consultant at Moorfields.

Mr Shortt works closely with leading manufacturers of the lens implants and lasers used in eye surgery to develop and test new technologies to ensure that Optegra patients have access to the most up to date technology available.

Expertise

- Laser refractive surgery including RELEX SMILE
- Implantable contact lens
- Cataract surgery
- Refractive cataract surgery
- Refractive lens exchange

Education

- 2017 PGDipCRS University of Ulster
- 2013 FRCOphth Fellow of the Royal College of Ophthalmologists
- 2009 PhD Ophthalmology University College London
- 2003 MRCOphth Royal College of Ophthalmologists
- 2001 MSc Physiology University College Dublin
- 2000 Bachelor of Medicine, Bachelor of Surgery
- University College Dublin

Additional Professional Memberships

- Fellow of the Royal College of Ophthalmologists
- European Society of Cataract and Refractive Surgeons
- UK and Ireland Society of Cataract and Refractive Surgeon

Special Interests

- Corneal transplant rejection and tolerance
- Stem cell-immune cell interactions
- Regenerative medicine
- Cellular therapy

Private Medical Insurance Memberships

- Alliance
- Allianz
- AVIVA
- AXA
- BUPA
- BUPA International
- Cigna
- Exeter Friendly
- Healix
- Vitality
- WPA



What first attracted Alex Shortt to ophthalmology?

It was a personal experience when I was 10 years old and my great aunt lost her vision to cataract. I saw her go to hospital, have surgery and get her sight back. It was miraculous and definitely made me want to go into eye surgery. Seeing patients who feel they have been held back all their lives by poor vision or by a high glasses prescription, and then operating to improve their quality of life, brings me great joy.



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Patient Feedback



Couldn't fault Mr Shortt for his professionalism, from the pre appointment chat on the phone explaining everything in full and then again on the day of the surgery making me feel at ease and of course the excellent surgery itself.



He's very professional and gives honest advice about the best treatment for your eyes. I am very pleased with his surgery.



Mr Shortt has a great manner - I felt at ease, despite being initially nervous about the procedure. He explained everything that was planned in a detailed and reassuring way. Perfect.



Alex was professional and friendly. He gave reassuring answers to my many questions. No question was too silly to ask. As a vertigo sufferer I was very anxious about lying flat for the procedure. I need not have been worried. Alex managed to meet my needs in a calm and reassuring way. I couldn't have asked for better!



He came to see me before the surgery and made me feel at ease. During the surgery he was telling me what he was doing without making it sound scary. Both eyes were done within a very short time. The environment was relaxing and I was able to go to recovery for coffee and biscuits straight afterwards. I was allowed to leave as soon as I felt ready.