



## Mr James Ball

Consultant Ophthalmic Surgeon

### Locations:

Bowcliffe Hall Yorkshire

James Ball is a leading consultant ophthalmic surgeon, specialising in laser eye surgery and cataract surgery. He has been operating at consultant level for twenty years and has performed over 10,000 procedures. He has been voted by his peers to be one of the top cataract surgeons in the UK.

Mr Ball undertook specialist fellowship training in cataract and refractive surgery at the Lions Eye Institute in Perth, WA and Moorfields Eye Hospital in London. He then worked as an NHS Consultant at Leeds Teaching Hospitals NHS Trust from 2005 to 2021. During that time, he co-founded an NHS laser eye surgery service which provides LASIK and SMILE to private patients and therapeutic treatment to NHS patients. Through this facility, Mr Ball provided training to a generation of eye surgeons.

In 2013 he was one of the first surgeons in the UK to perform SMILE laser eye surgery (lenticule extraction) and he is a recognised expert in the procedure.

In 2017, Mr Ball founded his own private clinic – Custom Vision Clinic - on the Bowcliffe Hall Estate in North Yorkshire. The clinic's success led to Custom Vision becoming part of the Optegra family of clinics in 2024. Following this acquisition, Mr Ball is proud to be an Optegra Ambassador Surgeon, providing vision correction to Optegra patients.

### Expertise

- Cataract surgery
- Cornea
- Corneal crosslinking
- Corneal transplantation
- Laser eye surgery
- LASIK
- Ocular surface disease
- Photorefractive keratectomy (PRK)
- Refractive lens exchange
- Refractive surgery
- Small incision lenticule extraction (SMILE)

### Education

- 2018 Diploma in Refractive Surgery, University of Ulster
- 2007 RCOPHth Certificate in Laser Refractive Surgery
- 2004 Fellow of the Royal College of Ophthalmologists
- 1995 MB BChir Cambridge University Clinical School
- 1994 BSc Hons Jesus College, Cambridge

### Additional Professional Memberships

- Member of the Royal College Refractive Surgery Standards Working Group
- Fellow of the Royal College of Ophthalmologists
- External Examiner for the Diploma in Refractive Surgery, University of Ulster
- Council Member of the British Society of Refractive Surgeons
- Member of the European Society of Cataract and Refractive Surgeons
- Member of the UK Society of Cataract and Refractive Surgeons
- Reviewer for the journals JCRS, Eye

### Private Medical Insurance Memberships

- Alliance
- Allianz Care
- BUPA
- Cigna
- Healix
- General & Medical
- Exeter Friendly
- Vitality
- WPA



### What first attracted James Ball to ophthalmology?

The impact eye surgery can have on improving a person's quality of life is astonishing. I saw this for the first time when I was a medical student at Cambridge. I was sitting in on an eye clinic when a professor of Egyptology attended for a routine follow-up and brought along the book he had just written, which he had dedicated to his eye surgeon and the team at Addenbrookes. They'd saved the sight in his only eye and so he'd been able to continue working and writing and could see his grandchildren.



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## Patient Feedback



I had SMILE with James and was very apprehensive beforehand - I explored many different surgeons / clinics in the area and James I instantly had the most confidence in. He was so calming and reassuring throughout the procedure that felt like a few minutes and honestly wasn't half as bad as I was expecting. I woke up the next day with 20/20 vision and can say it's the most life changing and incredible thing I've ever done for myself. I cannot thank James and his team in surgery enough, from Helen holding and stroking my hand during the procedure to Alison's care and light conversations beforehand to distract me. Thank you all so much for a 5 star service.



I went for a free eye test to see if I could have lens replacement, James and his team made you feel at ease and were very professional throughout the tests and consultation.

James was very detailed in his appraisal of my eyes and although lens replacement isn't right for me, at the moment, it was definitely worthwhile and I appreciated James's advice that will hopefully help reducing the reading glasses coming out as much.



I chose Mr Ball to do my eye surgery after a recommendation from a close friend. I was really scared, but he put me at complete ease and provided a totally professional service from the minute you walk in the door until you are completely satisfied with the product. It has been a real life changer for me, consequently 3 more of my friends have followed in my footsteps.



Can't thank Mr Ball and the team enough. I wish I'd have my SMILE surgery so much sooner! They put me at ease from the outset and throughout. I'm over the moon with the painless and immediate. results! Life changing.



Mr Ball gave very clear explanations as to options and outcomes. Just a week post surgery, I am thrilled with the results . Thank you for my new eyes!



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Was recommended to me by a friend as I suffered high prescription shortsightedness. From my first consultation the care and understanding was exceptional. James Ball made me feel I was in safe hands and explained everything so clearly, as did every member of the team at the clinic throughout the whole process.

I had ICL surgery which was so simple, quick and pain free and the aftercare was exceptional.

I have struggled all my life with poor eyesight and the inconvenience of contact lenses and glasses, and I sincerely wish I had done this years ago, I am delighted with the results. It's have changed my life. Thank you for a first class experience.