



Mr Stephen Lash

Consultant Ophthalmic Surgeon

Locations:

Optegra Eye Hospital Hampshire

Mr Lash is a Consultant Ophthalmic Surgeon specialising in Vitreo-retinal surgery and cataracts. Mr Lash trained as an optometrist in the early 90s in Birmingham (Aston University) and then went on to medical school in Southampton. He worked as a Locum Optometrist fulltime before medical school and then part-time throughout his medical training. After completing house jobs at Southampton University Hospital he trained in Ophthalmology, completing basic surgical training at Bournemouth eye unit and then Southampton eye unit.

His higher specialist training was undertaken on the Wessex rotation between Bournemouth, Portsmouth and Southampton. During the last two years of his surgical training he completed an MBA at Southampton University Business School. He completed a Vitreo-retinal fellowship at the prestigious Royal Victorian Eye and Ear Hospital in Melbourne before gaining a consultant post at Southampton eye unit where he has been a consultant for 15 years.

Mr Lash is a published author on improving surgical skills and outcomes and regularly teaches Medical students, Surgical trainees, fellow Consultants and local Optometrists.

Expertise

- Cataract Surgery

Education

- Medical School in Southampton
- MBA Southampton University Business School

Qualifications

- BM, BSc(Hons)
- FRCOphth
- MBA
- MCOptom



What first attracted Stephen Lash to ophthalmology?

Stephen's roots in eye health go back further than most, giving him a comprehensive understanding of the patient journey from the first check-up to complex surgical intervention.

"I have been in eye health since my optometry days in 1994. I have been an ophthalmologist for 25 years and a Vitreo-retinal surgeon for 18 years," Stephen shares.

Having joined our team over a decade ago, he has seen firsthand how a dedicated eye hospital can transform the patient experience. "Optegra offered the first purely ophthalmic service in the private sector locally, and I started working here in 2010. It is well equipped, well run, and the staff are fantastic, so I really enjoy working here."

Surgeon Profile



Mr Stephen Lash

Consultant Ophthalmic Surgeon

Locations:

Optegra Eye Hospital Hampshire

Patient Feedback



Mr Lash is a fantastic and skilled surgeon. He saved my sight with a retinal operation. At each and every follow up I have had with him he has been very caring, interested and timely. I would recommend Optegra Eye Care.



Mr Lash did an excellent job. Professional - and good customer facing skills.



The following morning the surgeon rang me personally to check that everything was ok which I found very comforting. I would highly recommend Mr Steven Lash and his team at Optegra Southampton.