



Mr Mike Adams

Consultant Ophthalmic Surgeon

Locations:

Optegra Eye Hospital Surrey

Mr Mike Adams performs NHS cataract surgery with a special interest in the management of corneal and conjunctival eye disease, and cataracts.

Mike has over 20 years' experience in ophthalmology, having qualified as a doctor at the University of Cambridge in 2002, where he also gained a Masters degree in the neurophysiology of vision. Following training at Oxford, St Thomas' and Moorfield's hospital he took up an NHS consultant post at Stoke Mandeville hospital in Buckinghamshire in 2016.

Mike served for six years on the Royal College of Ophthalmologists' Training Committee and Council, established Optegra's training program for NHS resident doctors, and frequently teaches at local, national and international meetings. Outside ophthalmology, Mike is happiest on a bicycle or a boat.

Expertise

- Cataract Surgery
- Lens Replacement
- Cornea
- Ocular surface disease

Education

- MB BChir MA (Hons), University of Cambridge (1996-2002)
- Fellowship of the Royal College of Ophthalmologists (2014)
- Postgraduate Diploma in Cataract & Refractive Surgery (2018)

Additional Professional Memberships

- Fellow of the Royal College of Ophthalmologists
- Royal College of Ophthalmologists Surgical Skills Faculty member
- Member of the UK & Ireland Society of Cataract & Refractive Surgeons
- Member of the European Society of Cataract & Refractive Surgeons

Private Medical Insurance Memberships

- AVIVA
- AXA
- BUPA
- Cigna
- Healix
- Vitality
- WPA



What first attracted Mike Adams to ophthalmology?

Mr Adams's commitment to ophthalmology began early, with a deep interest in the complex mechanics of vision. "I went straight into ophthalmology once I'd completed my House Officer jobs, in 2002," Mike explains. "During my university medical training, I did an additional Master's degree in the physiology of vision, so it was an area I'd been interested in for a long time." He was drawn to Optegra because of the predictability and focused nature of the care. "As independent providers are able to focus fully on cataract surgery, the flow of the surgical list is very smooth," he notes, ensuring a better, more relaxed experience for every person.



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Patient Feedback



I had been recommended Mr Adams by a friend, who couldn't speak more highly of him. I found Mike very approachable and patient, and didn't seem in the slightest bit of a hurry to get you out of the door. I am very pleased with the outcome of my cataract operation.



I brought my 90 year old Mother to see Mr Adams to discuss Cataract Surgery. He treated Mum with total respect, included me in the Consultation and explained everything clearly and succinctly.



Mike Adams was brilliant, a true professional and I am delighted with the results. I have seen my optometrist since and have very little residual prescription and 6/5 and N5 vision in both eyes.

I would also add that everyone else I saw from the receptionist, nurse assistants and Optometrist all had a welcoming attitude with a smile and made the whole process so easy. And not the slightest pain, a lot better than having a tooth filled!



This was my second visit to see Mr Adams and he has been very kind and helpful on both occasions. Clear answers to my questions and useful advice.



I wouldn't hesitate to recommend Mr Adams. He was very approachable and I felt very safe in his hands. My vision is vastly improved and as a result I'm a lot more independent and my quality of life is so much better.



Mr Adams was most professional and polite and extremely diligent with a thorough examination and a detailed explanation of my wife's condition giving a way forward.



Mike Adams was personable, amusing, but serious about his work. At every stage, I felt I was in strong, safe hands. The surgery - on both eyes - has been transformational and the post-operative care was also very thoughtful and well run. I have only the highest praise for the Optegra experience and the 100% success achieved in the surgery. First class.